



SRI LANKA ATHLETICS
First National Short Track Championships
28th Feb 2025 at Sugathadasa Stadium. - Colombo



Heats and Final Results

Results

1st National Short track Athletics Championships 2025

Held on 28th February 2025 at Sugathadasa Stadium 200m Track premises

Shot Put Women Final						
1	2478	O T Chandrasekara	SL Navy	20030320	13.16	
2	2462	P A Priyangika Kumari	SL Police	19730825	11.35	
3	2483	K C P Jayasuriya	Sri Lak Athletics Club	20031118	11.35	
4	2461	A D Wasana Mendis	SL Police	20020226	10.12	

Long Jump Women Final						
1	2465	H R D Sithmini Ranasgalla	SL Army	20050720	5.87	w+0.5
2	2484	N Madushani Herath	Sri Lak Athletics Club	20050504	5.83	w+0.5
3	2466	V R Himasha Cooray	SL Army	19990429	5.73	w+-1.1
4	2497	Dilini Nethsala Rajapaksha	Lyceum, Wattala	20100313	5.71	w+0.6
5	2474	W H Aditha Fernando	Unattached	20060530	5.65	w+0.6
6	2482	H D Rashmi Kavindya	SL Army	20010709	5.59	w+0.6

Long Jump Men Final						
1	2431	J H Gayan Sampath	SL Army	19911115	7.39	w+0.7
2	2440	W D Sasindu Nuwinda	SL Army	20000117	7.33	w+0.9
3	2439	D A G J Prasad Wimalasiri	SL Army	19920908	7.32	w+0.6
4	2448	W I K Piyasiri	SL Army	20010327	7.25	w+0.7
5	2457	U D Y W Kumara	-	0	7.20	w+0.5
6	2434	Chathumina Karunarathna	SL Army	20040625	7.16	w+0.7

1500m Women Final						
1	2498	T G H Dulanjana Pradeepani	Lyceum, Wattala	20060613	4:53.93	
2	2499	M G P Vihari Ranasinghe	SL Air Force	20001125	4:54.54	
3	2500	Chamudi Athapaththu	Lyceum, Wattala	20080913	5:22.93	

Shot Put Men Final						
1	2405	B Danushka Delwita	SL Army	19940915	13.89	
2	2412	A M M Perera	SL Police	19920511	13.53	
3	2437	W J Ranhidha Alwis	SL Army	20050520	13.35	
4	2423	U P D Perera	SL Army	19840712	13.26	
5	2420	H Dananjaya Mahaliyanage	SL Army	19970220	13.23	
6	2421	M I Dilhara Perera	Sri Lanka Universities	20010219	13.11	

400m Women Final						
1	2480	W H Madusha Fernando	SL Navy	19980924	58.71	
2	2481	W S Himaya Fernando	SL Navy	19980924	59.48	
3	2469	Warsha Wimalasekara	Gateway , Colombo	20071029	60.12	

400m Men Final						
1	2453	Isuru Lakshan	SL Army	19990913	50.13	
2	2432	R A Ishan Maduranga	SL Army	20010425	50.16	
3	2455	Pradeep Ruwan Kumara	SL Army	19940131	51.07	

3000m Women Final						



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1	2498	T G H Dulanjana Pradeepani	Lyceum, Wattala	20060613	11:09.75	
2	2500	Chamudi Athapaththu	Lyceum, Wattala	20080913	12:07.91	
3	2501	D Sandeepa Danasekara	Wickramabahu CC	20080401	12:47.96	

800m Women Final						
1	2475	K Shanika Lakshani	SL Army	20020319	2:09.38	
2	2496	K Takshima Nuhansa	Matara CC, Matara	20061129	2:15.92	
3	2459	Niduki Prarthana	Baranamkatuwa K V	0	2:18.93	

60m Hurdles Women Final						
1	2493	W V L Sugandi	SL Army	19910831	8.50	w+0.5
2	2495	S B S Lakshani Dissanayake	SL Air Force	20030602	8.78	
3	2464	M A Bhagya Nilmini	SL Army	20020618	8.95	
4	2490	P G M Sidasna Gunathilaka	St. Joseph's BV, Kegalle	20060727	9.09	
5	2489	P S Nisansala Fernando	SL Army	19920929	9.11	
6	2472	K S D Kahangama	KDU	20041120	9.15	

60m Hurdles Men Final						
1	2438	N Kaveesha Bandara	Sri Lak Athletics Club	20030626	7.85	w +0.7
2	2404	R R Dammika Ranathunga	SL Army	19980510	8.04	
3	2414	K D Dhananjaya Ariyaratna	SL Army	19940605	8.25	
4	2415	W P Sandun Koshala	SL Army	20050305	8.26	
5	2402	W Malin Udayakumar	SL Army	19950722	8.49	
6	2433	E G E Hasitha Kumara	SL Army	19890411	8.55	

in Heats	N Kaveesha Bandara	Sri Lak Athletics Club	20030626	7.80	w +0.5
(New Sri Lanka Record)					

60m Women Final						
1	2460	D T Amasha De Silva	SL Army	19990812	7.58	w-0.4
2	2487	Rumeshika Rathnayaka	Sri Lak Athletics Club	19960627	7.61	
3	2492	F Shafiya Yamick	SL Army	19990701	7.62	
4	2485	Dhanani Kodituwakku	Sri Lak Athletics Club	20050623	7.72	
5	2486	Shanella Senevirathna	Sri Lak Athletics Club	20050325	7.81	

60m Men Final						
1	2409	Y C M Yodasinghe	SL Army	20000128	6.63	w-0.2
2	2400	M J Wijesinghe	Track Masters	20050710	6.73	
3	2419	D Induwara Weeraratna	SL Army	20050114	6.77	
4	2426	T B Udagedara	SL Air Force	20031227	6.84	
5	2413	N M P Pramudika Silva	SL Army	20031101	6.85	

4x200m Invited Schools Girls Final						
1		Gateway College - Colombo			1:49.33	
2		Dharmapala Vidyalaya - Pannipitiya			1:50.84	
3		Holy Family Convent - Colombo 4			1:51.03	

4x200m sh Invited Schools Boys Final						
1		St. Benadict's College - Colombo 13			1:36.24	
2		Dharmapala Vidyalaya - Pannipitiya			1:36.77	
3		Ananda College - Colombo 10			1:38.16	



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4	Gateway College - Colombo		1;38.59
5	Thurston College - Colombo 07		1:43.23